

Are Hands Footprints White or Black?

Aylin Ghanbari, Parvaneh Adolzadeh*, Kamran Pashaei Fakhri

Department of Persian Literature and Foreign Languages, Tabriz Branch, Islamic Azad University, Tabriz, Iran

*Corresponding author Email: P_Adolzadeh@iaut.ac.ir

Abstract: Time value, as the only free of charge capital, is not the only duty of human. Human is responsible for this God grace and he must be accountable for every single moment. He must obtain rare minute's seize. Time shows its importance through its place in books of practitioners in this field, this presence reaches its peak when time become slogan in poems of a poet like SaebTabrizi. His speech about time value and seize is discussion of paper. The aim of this study is to examine the verses of SaebTabrizi Divan, those that mention time and its importance. It is necessary to investigate the factors of time seize that help human in this matter through providing strategies.

Keywords: SaebTabrizi. Time management, Efficiency, Seize Time

Introduction

Seize means to appreciate something when it exists. Since when the time is passed, having it may be possible but it will not have any benefit. Seize time means right exploit of time. Opportunity to perform some tasks occurs only once during life of human being. Human being that seize that time, takes efficiency of aim. The aim of time management and efficiency is to reach one of those farther objectives of human. If person personal knowledge of spending minutes and hours is more, his performance will be more in seizing time, since those who have lost much time are people unaware of how much time they have wasted. If human constantly think about time pass, he will obtain the best results. Try to dominate time and it depends on considering time. Time is valuable and scarce resource that must be accepted in time. When human life value is depended on time, paying attention to time will bring us power as gift which speeds up passing paths and achieving objectives. Enjoy assets will lead to joyful moments that will have positive effects on human morale and performance. Enjoy the time happens when time is in line with achieving objectives. The realized objectives guarantee enjoyable moments. Purposeful human when faces with this life and when his desires and objectives affirm his many efforts, not only this time is not subtracted from his lifetime, but the positive effects of human life are added to his lifetime, since this man has distanced stresses and psychological emotions away from himself by his performance. When time role is colorful in our lives, we can color black the footprints of clock hands so that we can understand the value of white moments.

If we want to understand time status and value so that we can seize time, Saeb speech can be the best opening in order to reflect time light on ignorant eyes. Saeb has provided beautiful verses on time seize in his Divan and explains subtly factors of time loss and ways of appreciating time in order to bring consciousness and benefit from objectives through following time.

When face with joyful time, seize it

Egypt breeze will not come constantly to Kanaan (Qahraman, 1996)

Time is resembled to dearest and most precious things in Saeb Divan and resembling time to Joseph and Jacob in Egypt is frequently seen and was the most important event of Jacob life at the end of his life. Saeb wants to mention time value in the form of words and names. As long as Jacob waited in order to find news of his missing and he could hear this news only from Egypt, he always waited in order to hear this news and was not unaware. (Time) that is recommended by Saeb in order to seize it is the most precious time that man can benefit from. This time is when human efficiency is more and the best results are obtained from work and it can be time when it passed it will not be compensated. Time will not be postponed and it must be exploited to the best of its time.

Alec Mackenzie announces himself in agreement with Saeb in "time efficiency management" book, and says: (Today is the only time when we can do a work, or not. Yesterday has past and there is no guarantee for tomorrow) (Ross, 2006).

Zoleykha lost Josef with difficulty
How can I lose opportunities? (Qahraman, 1996)

Again, Saeb gives value to time as the most valuable existence. Human clings to what is valuable to human in the arena of life. Sometimes this valuable thing can be an object or a person. Impossibility causes that human seize moments of being togetherness and benefit the best usage, since he realizes that the time will pass. So, he tries to do the best possible job in these moments, and does not regret for his short performance after a time. Opportunities that are provided for human by time mean to do works and finally use them. Opportunities always underlie objectives, provided that people seize opportunities and lose them.

Dante says: (if you become more aware, losing time will annoy) (Saver, 2000). Loss of time for informed person is equal to death of wishes. Lost hopes will bring life full of disappointment and frustration for aware people. In this case, aware human not only loses his objectives, but he loses awareness title. Being aware title refers to a person who is opportunist. Improprieties and irresponsibility remove the title from person.

We cannot sell Joseph for feigned coin
We done lose our time (Qahraman, 1996).

In this verse that is similar to previous verse, once again Saeb brings Josef with time. Human has understood time value. Informed person is aware of this issue that time is very precious for him to waste it or sell cheaply. Informed person is well aware that it is impossible to save time. This time is constant and no value will be added. Targets are subsets of time. Person can reach his objectives by time. Objectives construct person's life structure. The objectives underlie wishes and successes of human and life expectancy is only dependent on this matter. Logical chain is implemented through preserving time. Franklin Benjamin said in this case: (If you love life, do not waste your time, because life is made of time) (Saver, 2000)

Saeb, ignoring time value is difficult
Does nightingale sleep during the spring? (Qahraman, 1996)

Ignoring the time value and not appreciate time value is difficult from perspective of those who consider his objectives depended on time. Since, human does not commit such an act and benefits from every single moment of his life. He prevents disturbing factors that others create for him and refuses time spending for vain works; he forms new habits in order to progress in his own objectives. He avoids postponing work and he can easily control the time on and manage to any direction. He appreciates time and seizes time. Like a nightingale in the spring, when sleep comes to his eyes and takes opportunity of singing on new blossoms of trees? Sleep that can be a disturbing factor for nightingale in enjoying the spring time, it does not dare to do it for nightingale. One must be serious in doing works and achieving objectives so that others take his works and objectives seriously.

Submit world work to unemployed people
Seize opportunity, follow your own work (Qahraman, 1996)

World works that don't have interest and benefit for human, are null and void and make busy people in order to prevent human from their target. Human must assign such works to unemployed people, because the man who is unemployed does not follow an aim in the world. A person who is looking for his opportunities and objectives, seize opportunities and seeks to do his jobs. The world will prevent person from reaching his objectives and make busy person. Time passes very quickly and he is left empty-handed. In time management we must note that what we're doing?

Ross in his "Time management" book refers: (Working is not sufficient with efficiency. It must be accompanied with effectiveness. Efficient staffs do many works, but it does not mean that it is the most effective thing they can do. Proper time management requires the implementation of an effective action. So that any part of your hard work is not wasted. Drucker, an expert in management says: if there is fundamentally fault between effectiveness and efficiency, it is general problem that to explain it as doing right work or right doing of affairs. Absolutely, if we do a work with effectiveness that is useless work, it will be void) (Ross, 2006).

As mentioned above, Saeb states problem as well as he provides different solutions to seize time, in order to prevent useless work. One of the solutions is to have aim. More works rule us and close our views towards their importance. We wrongly try to do so many works in order to reduce accumulated works. However, what will happen if a main goal is sacrificed for something worthless? Can we turn time back in order to compensate our mistakes or can we keep time? The answer is no. Since, time knows that we're not able to do these things, and then it gives us tools to manage them. Our main objective that leads to true time efficiency is our achievement to objectives.

It is not wise to construct hard your prison
Spend your life in repairing this prison (Qahraman, 1996)

Informed person uses any moments for optimal usage and appreciates the rare time. This causes that human seizes his time and uses time to reach his objectives. So, he prioritizes objectives in his planning that provide growth and peace tools in life. Successful persons think about spending time in addition to written planning and do not spend their time for useless works.

Contempt your life through promoting yourself
Don't build your net in flower season (Qahraman, 1996)

This verse is like the previous verse and refers to seize the time that doesn't provide the opportunity for compensation. If the spring I repeated twice a year, then there is no possibility of returning time. This is impossible. A person that has defined his main aim, he must have clear and precise identification of his objectives and consider the time frame for achieving the objectives, since the vain things that distance human away from his goal, are always applicable.

Prioritizing objectives

When objectives are set, the most important thing that we must do is to set priorities. Objectives can be prioritized through planning among objectives according to their importance. Works' importance is based on three cases:

1. The first group works are those that are important, so they are urgent and important. Firstly we must do them.
2. The second group works are those that are moderate but are not urgent. They can be done after important works.
3. The third group works are those that are less important. So, they are not urgent and nor important. They can be easily set aside. So that when person has free time, do them.

While setting clear objectives is the only way to ensure the conscious use of each second per 168 hours in a week, but determining priorities is the only way to work more effectively and efficiently in order to achieve your goals.

World affairs won't end any time
Before your end, complete your affairs

Doing world works that are not measurable and attainable and don't have no time limit, will bring only time wasting gift. While addressing the world affairs is not human objective. Human development and enhancement of his value have the first priority.

If you can soothe
Don't waste your time for vein (Qahraman, 1996)

Ignoring subordinates and spending time for main way will get human quickly to his objective. Since the main way has full of high interest and profit; when human passes such a way, he encounters purposes and situations which are new. Wise men select main way as their original path and provide positions for others. In this verse, Saeb has set heart against object. If human can complete heart with spiritual, heart

can be the only and major way of human ascending. But when human spends time for water and mud (useless things), its result will be hardened mud (useless) and water and mud (vein result) prevent human from steps (progress). The steps (progress) have much mud (obstacles). Saeb has drawn water and mud beautifully, body is human and heart is agent of soul. The man wants to select a heart that has been filled with spiritual evolution, he wants to use the heart that passes the main road and uses the situations that others have left and bring easily him to objectives. He seizes time and spends time on the road and work until he gets home. Useless ways, works and spending time for them usurp human time. (Actually, planning means readiness to fulfill the objectives. The main benefit of planning for tasks is to save time. Planning for works show that spending more time for planning the time, less time will be required for doing works and a considerable amount of time would be saved) (Mansini, 2011).

Another way that helps to optimal use of time and time management is planning, but not every day planning that using it we can end day optimally, a planning for future and long distance aims.

Setting objectives for long-term horizons

Benfield pioneer, a sociologist who wrote a book in 1965 entitled "City of Evil" where he explained his results on economic and social dynamics reasons in communities. He wanted to know what behaviors will lead to increase wealth generation. He examined in part of his work on factors such as intelligence training, family, race and occupation history and personal moods. Finally, Benfield concluded that it is the only factor that can predict. Can you progress socially and economically? He called this agent as time perspective. He defined time perspective as time period that is considered in everyday decisions and life planning. (Benfield) found that successful people are those who have long-term prospects. They plan their life for five, ten or even twenty years. They evaluate and set options and actions in present time, in terms of their effects on future and outcomes) (Mansini, 2011).

When that is possible hunt

There may be no time again (Qahraman, 1996)

Fast transit of time is its property. Time management is impossible. Since the current time occurs only once. We cannot have any control over time. So, if we want to manage time, we must manage ourselves in order to plan for our objectives through managing ourselves. We must be able to transfer fast transit property to ourselves and apply this property in our daily activities. It is possible to go along with time when we have begun to move earlier.

Don't ignore time value, if you're long-sighted

Since as time passed, you can't do anything (Qahraman, 1996)

Long-sighted man refers to a foresighted human that measures all angles of his work by his dynamic and conscious mind in order to reach his objectives and realize them. Achieving goals and wishes can be asked by any man, but not all people fulfill their desires and goals, since they don't use time properly. Foresighted human do not wait for future to come in order to do something for his aims. However, he plans from today for his future and in order to reach his short and long term aims.

Conclusion

Maybe human think that he cannot manipulate life and time will pass anyway, then he will not do anything. We saw in previous verses that Saeb disagrees with this issue and knows human as commander of this range. Human must appreciate his time. Observing main solutions and avoiding time waste, bring time as gift for human so that human can implement the best efficiency. Setting clear objectives, careful planning and division of labor can help people in order to manage time. When time management is impossible, then, time efficiency will be impossible. What can do human in this challenge? The only solution that human uses to seize treasure-like time is proper management of time for his goals and tasks. Human will adjust prioritization and setting of objectives through considering the fact that all human power and ability can be effective in his mind though thinking and focusing on daily hours and wishes. Proper and step by step setting play hours role that bring human closer to his objectives with improvement of works. If human stands for a few minutes and looks positively to his purpose and his day, instead of looking at lost hours, all hours of day will be seized voluntarily by human and therefore, clock hands footprints will be white at day.

References

References

- Saver L, 2000. Time Management and Scheduling. Isfahan: Ghazal Publication.
Ross J, 2006. Time Management, Secret of Success. Tehran: Terme Publication.
Qahraman M, 1996. SaebTabrizi Divan. Tehran: Scientific and Cultural Publication
Mansini M, 2011. Time Management. Tehran: Yadvare Publication.