Causes and Factors of Suicide in Delfan in the Light of Criminal Sociology

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Abstract: This article examines and explains the various factors of suicide in delfan based on field and biological experiences and research. Suicide is a phenomenon that is the result of various social, psychological, educational, family, cultural and other factors ... It is. In the present study, factors associated with adolescent suicide were classified into three categories of demographic factors: age, gender, sexual orientation, and race and ethnicity; environmental factors include: lack of family and social support, incarceration, poor life skills, family history of suicide, internet and mass media, and psychological factors: including diagnosed mental disorders, life-threatening events, and history of childhood abuse, academic stress, drug and alcohol use, and cyberbullying. It seems that by being aware of the risk factors for suicide in adolescents, appropriate preventive measures can be taken.

Key words: suicide, modernity, modernization, suicide factors, city of delfan

Introduction

There is a lot of talk about suicide, and his supporters call it the power of Will, and the opponents call it the failure of the flour, and some consider it a kind of courage and power, and others consider it weakness and inability and failure to face problems. Suicide and attempted suicide were previously criminalized and punishable, but are no longer the case in most Western countries. This is still a crime in many Islamic countries . Suicide methods depend on a variety of factors such as social and cultural factors and sexual differences, imitation, learning, ease of action, and availability of suicide devices.among the different methods, the desire to use drugs, drugs and hallucinogens increases day by day. Suicide rarely occurs without a previous context so studies have shown that people do not want to commit suicide from the beginning and may not have thought about it at all but some of the main factors that affect the risk of suicide are: Honor issues, family disputes, failure and despair, poverty and scarcity, revelation of facts and secrets, unemployment, house to shower, social discrimination, stress and stress of the moment, Love Failure and addiction to drugs and hallucinogens, the availability of means to commit suicide, provide the necessary conditions, and people themselves with negative thoughts strengthen this desire without considering the consequences in their minds and commit suicide. The use of suicide devices is varied in surveys and field observations, and for people who commit suicide, age, gender, marital or abstraction, occupation, religion, race, suicide device, life events, and so on.. . It's different. According to information and statistics from various sources, the main causes and factors of suicide in delfan are classified into various categories, including Honor, family disputes, failure and despair, poverty and scarcity, revelation of facts and secrets, stress and stress of the moment, failure of love and addiction to drugs and hallucinogens.

Problem layout

The global distribution of diseases is changing, starting in the 1990s. And now it's accelerating. The main direction of this change is to transform the main causes of death from infectious diseases and malnutrition into non-communicable diseases such as depression and heart disease. It is expected that in the next 20 years, noncommunicable diseases in developing countries will cause 7 out of 10 deaths. A major contribution to the increase in the burden of noncommunicable diseases is the increase in psychiatric disorders. These disorders, which had not attracted attention in the country before and have become one of the axes for about a decade and the need to plan and implement several mental health projects is now felt more than ever (University of Tehran counseling center, 2002).

A study by the World Health Organization, Harvard University, and the World Bank pointed out that the deaths of 5 million people from injuries in 1990 were the biggest contributors to young adults, and suicide was the second leading cause of death after car accidents. Azad (1995) introduces suicide and its types as follows: suicide is derived from the Latin-rooted dolgate SUI, meaning self, and Caedere, meaning killing, and is currently used as suicide. The term was first used in 1737 by the French defontaine. Other terms related to suicide were later used, including: attempted suicide, for actions that a person takes in order to destroy himself but do not lead to death. Suicidal thoughts for mental employment about not being and the desire to die, which has not yet taken on a practical aspect. Suicide is committed, for all cases where a person causes harm by performing an act of destruction and destruction. Suicides for all harmful behaviors that a person commits unintentionally and unintentionally ending a woman's life.

Our common trait between people who commit suicide is to believe that suicide is the only way to overcome unbearable emotions. The suicidal pull is in that it ultimately ends these unbearable feelings. In the tragedy of suicide, confusion and emotional problems become so severe that they make a person unable to find solutions to the problem, while there are other solutions .

The death of a family member is one of the things that affects our self-confidence and creates a feeling of worthlessness in us, in fact, no other kind of death in friends and relatives causes such a constant feeling of distress, shame, guilt and general turmoil. The survivors themselves are also victims, and in the years after the suicide of the loved one, they show a high rate of death. These factors, along with the social and economic impact of suicide, demonstrate the importance of attention to it and the need to understand its individual and social causes and factors, and provide an incentive to investigate this important individual and social phenomenon.

Perhaps adolescence can be considered as a period of life expectancy during which most social, psychological, cognitive and biological characteristics change (Lerner and Galambos, 1998). That's why people at this age stage are exposed to many behavioral and psychological problems. In fact, in adolescence, poor decision-making (in areas such as school, relationships with the opposite sex, and drug use) has more negative outcomes than in childhood, and adolescents are more responsible for their decisions and outcomes than in childhood.

As mentioned, the process of development in adolescence involves individual changes as well as various areas in which adolescents are located, and this diversity of factors provides conditions for risk in this period of life. Behavioral risks include alcohol consumption, substance use or abuse, unsafe sex, pregnancy in adolescence, parenting in adolescence, academic decline or failure, dropout, delinquency, and crime. Conflict in just one of these behaviors can reduce the chances of a good life with the right quality for a teenager, and conflict in several of them can even reduce the chances of survival in a person (Lerner et al., 1998). The findings have shown that high-risk behaviors increase significantly in adolescence, and a tendency to diversify high-risk behaviors, or indeed to combine these behaviors, is observed during this period. (Pharrell dunnish and Howard, 1992). According to the World Health Organization (1993), suicide is one of the top ten causes of death worldwide in all age groups, with at least 500,000 people ending their lives by suicide every year. Suicide is the eighth leading cause of death in adults and the third leading cause of death after accidents and murders in adolescents and young people. The study of suicide statistics in relation to the population in different countries shows that the phenomenon of suicide is not directly dependent on specific geographical, social and economic conditions and is a general and non-specific phenomenon. (Blumenthal and kopfer, 1990). The results of research in most Western societies, especially the United States, Canada, Australia and the United Kingdom, show that over the past three decades, the ratio of suicide and suicide attempts in adolescents aged 15 to 19 has tripled. (Kaplan and Sadok; 2003). According to published statistics, 30,000 people die from suicide in the United States every year, and between 300 and 500,000 suicides are committed.(Blumenthal and kopfer, 1990). As in most countries around the world, the suicide rate in Iran has increased significantly in recent decades, and therefore, among the important issues in mental health, especially in young people, is the issue of suicide. But there are many reasons why the study of suicide in our society is limited, including that, as in most countries, it is very difficult to access accurate suicide statistics, especially suicide attempts.

Definition of concepts and indicators

Suicide is any behavior that tries to find a solution to the problem of their lives by ending their lives (Belsher 1975 quoted by men 2003). Therefore, suicide tools, suicide seasons, suicidal practices, etc., and the circumstances of its occurrence are important.

Modernization: the process of economic and Social Development, which includes areas such as transportation, massive declines in population and population composition, urban growth, major discoveries in the field of Physical Sciences, national governments with a bureaucratic structure of education and media access. (Bremen 2000).

Simultaneous presence arenas .... And modernity: the simultaneous presence of the two is in various political, social, economic and aesthetic arenas. These two issues, emphasizing the aesthetic field, address the collision and interconnection of the two in cases such as freedom of dress, body Management, choice of spouse and intra-spousal marriage. An act by a person to injure himself, while it is not for sacrifice, that is, a person does not commit suicide to become a victim .

The results of the study show that one of the factors that contributes to the discussion of suicide is the important topic of technology and the various and up-to-date achievements and the Thousand and one phenomena and the subject and the hidden culture, including media, (television, satellite, cinema and so on)... And it's virtual communication spaces, and it's referred to as modernity or modernization. Rapid and accelerated modernization with all its manifestations over two decades has entered a completely isolated land with ancient customs, and the generation compared to these changes was raised on the basis of modern teachings. So after puberty, when deciding for a future life, they tried to act on their teachings, but faced strong opposition from past generations, which were the result of ancient lineage. Control caused by powerful traditions and a sense of powerlessness in self-determination led a number of young people and women and girls to turn to the most extreme shelter (suicide) in the face of life's tribulations.

Theoretical foundations

In all societies and throughout history, the phenomenon of suicide has been somehow prominent. In explaining suicide, one group has a view of social structures, and the other group has taken this phenomenon from personal and psychological issues. Many sociologists also consider the psychological actions of humans to be influenced by the socio – economic conditions of society.

Durkheim's theory of suicide

In the sociological study of suicide, Durkheim's theory has always been an important part of the study, and there are few people who have not studied this theory. Durkheim was the first to reject biological and climatic and psychological causes to explain social behaviors. Durkheim went on to accurately compile suicide statistics in women, men, singles, wives, Catholics, Protestants, and Jews to present his theory. Durkheim looks at suicide from a sociological perspective and considers suicide a social action with social reasons. In the study of humans, Durkheim introduces 2 dimensions for each human: then integrity and then order. The integrity of the amount of social relationships that relate an individual or group to others. So that each person is exposed to the moral demands of other groups .The term group solidarity can also be used instead of integration. How closely a person is connected to a group. The order of any person's normative or moral demands is based on his or her membership in a group.

Durkheim introduces four types of suicide based on these two dimensions

1-selfish suicide: when the strands of a person's bond with society or groups associated with it are lost and then the integrity of the person reaches a very small rate, the likelihood of suicide increases. Durkheim identifies this type of suicide as selfish. Selfish suicide can be the result of feelings of loneliness, isolation and withdrawal from society. Research shows that suicide rates are higher in Protestant society than in Catholics. Because individualism is more common in Protestant society. In general, the less solidarity a person has with other people and the more people they withdraw from society and have no connection with society, the higher the likelihood of selfish suicide .Suicide rates for single and married couples can be traced to prove this. Suicide is more common in single people than in married people. The reason for this can be attributed to the greater bond and solidarity of married people with their child, spouse and spouse's family. While these relationships do not exist in single people. Addicts and depressed people are more likely to commit selfish suicide.

2-selfish suicide: Durkheim considers selfish suicide to be the exact opposite of selfish suicide. When a person's bond and integrity to a group is excessive and the person melts himself into the group to which he belongs, it is likely that this person will die for the values and goals of the group and will pass away and kill himself because of the great belonging to his group. Perhaps it can be said that people may commit this kind of suicide because they feel ashamed or violate the values of their group. For example, the humiliated and defeated Japanese Chiefs in a ceremony called harakiri insert a sword into their belly and end their lives.

3-abnormal or abnormal suicide: when there is not enough supervision and control in a society to implement the norms and the abnormal situation arises or the norms governing the group and society or even the lifestyle changes drastically, the likelihood of committing suicide increases. There are also situations when a person sees a lot of change in his social position. For example, they either lose their social status due to bankruptcy or, for whatever reason, achieve significant wealth. Because each social situation requires the possibility of a specific norm, this change in norms increases the likelihood of suicide. One of the reasons to mention this type of suicide is that when people see that there is no certain order and norm in society and things are unpredictable, this inability to predict the likelihood of suicide increases.

4-fatal or algebraic suicide: when a person sees himself in a situation where he cannot change the situation and does not have the ability to control the situation, the person is led to suicide. Maybe he can say that in this situation, the person feels that there is no way to escape the problems. Imagine an example of a woman who tolerates bad conditions in her married life, and on the other hand, because in her family values, no one has the right to divorce, so the feeling that this situation cannot be overcome leads her to suicide. This is due to his inability to change the situation. This type of suicide is more likely in people whose lives are over-controlled, such as slaves or prisoners.

In general, according to Durkheim, four categories of people are more likely to commit suicide

1 - those who are far from society, such as patients who have been hospitalized for years, the elderly who live in a nursing home, and so on...).

2-those who belong to the group have a lot of memories and cannot be separated from the group (such as the military).

3 - those who are suddenly expelled from the group (such as those who retire suddenly, those who suddenly go bankrupt, those who divorce and so on)...) .

4-those who have joined a group without authority (such as prisoners, those who have been forced to marry...) .

These are very valuable points, and given them, the likelihood of committing suicide can be predicted to some extent in certain groups and prevented if possible. However, despite the above, there may be none of these people who commit suicide, which is not considered abnormal in the study of social injuries.

The leks are an Iranian - Islamic ethnic group that continues to preserve many of the Customs and traditions of the past and live among the two Kurdish and LARR peoples, except for the Kasis, the Elamites and the Achaemenids, traces of later civilizations are not seen in this region, at least they have not been seen anywhere. However, other parts of Iran have always been dominated by other tribes, including the Greeks, Romans, Turks, Asia Minor and Mongols. That's why the traditions of the lakshin regions have changed less than in other parts of Iran. The numerous tribes of Lek etivand, kakvand, Ould Kabad, kolyvand, hasanund, yusufund, biranund and ...(They were often engaged in livestock farming in the lakistan plateau and surrounding plains, and in certain and specific areas they were engaged in yilaq and Qeshlaq. Their social organization was and is like this.

The foundation of this hierarchical system was the common people and poor peasants, and at the top were the great owners and herdsmen .Their main social unit is hose. Its members are between 20 and 200. Hose elders are usually elderly and bearded whites. It arises from the sum of several dark hues and from the sum of several clans and from the sum of several clans of IL. In this land, there is no great elite system like the Bakhtiari. there are many elites living together in this area, who were formerly called the shamals. according to Ibn Khaldun (1957), the degree of nervousness among them was almost equal and, as a result, their power was also somewhat equal. Thus, no Eli has been able to overcome the other Eli and form a large Eli system or to be considered a threat to the central government.most of these Eli have had peaceful relations with each other and have exchanged in the commercial arena, but their social relations have been much less. They don't believe in extramarital marriage and now they insist on it interestingly extramarital marriage is also rare within a multiple tribes within a single tribe extramarital marriage between different genres is rarely observed If this happens it will definitely be accompanied by many problems the tribes and the tribes do not recognize individual rights they have a specific lifestyle in the majority of cases the limits and the nature of social relationships romantic relationships and the choice of a spouse are determined by them and the choice of a spouse is determined by the choice of a spouse and the choice of a spouse they also strongly support what they determine. But if these things are outside their fences, they strongly oppose it.

Suicide conditions

The generation born before the 50s their sociability was the radar of the world of tradition they grew up based on traditions that had a lot of history everything was already clear and definite their virtue was achieved through deposition and obedience to the elders their marriage was done in an intra-marital manner (or intra-hose) and with the support of tradition although a few of them also went through public education often at the elementary and cycle levels, their sociability process was more influenced by tradition, so there was a contradiction in their lives. they didn't come and they didn't have much of a problem, but the generation of the ' 50s was born with different conditions than the generation before them compared to the birth of this. Generation modernization processes with all its manifestations suddenly entered this pristine and traditional land inhabited in the new city of dam Aise or later nurabad, where most of the rural settlers and nomadic tribes, often Yilak and Qashqai, who abandoned the livestock and tribal profession and settled forever in a fixed place, and with new ways of living and changing the transformation of the possibilities, everything was formed from the state of tradition to modernity. Now we're going to talk about the context in which the contradictions caused by the confrontation of tradition and modernity provide the basis for suicide in the younger generation, especially women and girls.

A) appearance and body management: until the late 70s, it was not possible to choose different clothes.this was also strictly observed for men. women who have their place were not acceptable except for dark colors. In addition to managing the body, individual behaviors in the public sphere, how to talk to others, and driving are areas of conflict. Among the leks there is a concept called Hamali, which is almost equivalent to the concept of competition in Persian, except that it also has an added meaning, and that is also related to the dignity and dignity of hose and the tribe. If a person commits a behavior that is lightweight, all the people of hose or the clan will treat him badly, and everyone and in any position will allow himself to judge him if a person fails in a particular field, the people of the clan will quickly compare him with people of their own kind but from another clan or tribe.

B) choice of spouse and marriage within the spouse: in the tradition of The lakh residents of norabadi and his Villages, the acquaintance of a girl and a boy before the proposal is completely meaningless, but as we see in the modern world, this is normal and it happens to be a way to acquaint the parties. modern places like universities and tools, like mobile phones, phones and so on.... They help in facilitating this .

A completely modern generation that wants to marry on the basis of a new culture and the previous generation is completely traditional, has power and does not allow the next generation to question its values and break its signs (marriage within the spouse), this is where psychological discomfort, family disputes, failure in love disturbance and conflict arise, the people of the new generation suddenly encountered the superconceived power of hose and the clan, realizing that they had no right to fall in love without permission, to open the chapter of acquaintance with someone, all their future must be created by this brings them a sense of alienation and immense powerlessness if such a person is inside The family reminds him of these things every day, and he's more likely to commit suicide .

According to the consensus of psychologists the decision to commit suicide is the result of an unspoken pain pain that in the first case does not seem to be said to the person and in the next step the feeling of the person's voice is based on the fact that the phone is not to hear it this feeling of the voice varies depending on the age of the patient as well as the driving factor and the cause of the decision in under 24 years of age the person's pain is more likely to commit suicide due to the lack of hearing ears to hear their pain due to the unspoken symptoms in under 24 years of age the highest suicide rate is due to the fact that the person is not hearing the pain is due to the lack of hearing the pain is due to the lack of hearing the pain is due to the lack of hearing the pain is due to the lack of hearing the pain is due to the lack of hearing the pain is due to the lack of hearing the pain is due to the lack of hearing the pain is due to the lack of hearing the pain is due to the lack of hearing the pain is due to the lack of hearing the pain is due to the lack of hearing the pain is due to the lack of hearing excitement is to show your duties but in older than 24 years the decision to commit suicide is caused by a feeling of complete destruction of self esteem and self confidence The year of the internal and emotional factor and the age of 24 is the external and emotional factor the suicide rate in delfan is very high, and perhaps Elam province is the highest.

The current parents of delfan are expecting the new generation of behavior and speech of the adolescents of their time these parents of their youth and adolescence were not much different from their fathers so now they expect the same behavior pattern to be repeated and expect the new generation to do it while the new generation is different from the new generation in the field of beliefs and the type of coverage in the language and literature (less use of the Leki language and its selection in Persian) values and the use of welfare facilities and even the type of food and the amount of Nutrition Physical Activity and exercise and its type there is a huge difference in all areas and sometimes too much between parents and the new generation It can be said that for example the beliefs of the people of delfan in the generation of parents are more traditional and diverse and taken from the family and ethnic teachings in this city there were some people of the right and some tribes and therefore they did not have much dependence on official beliefs but the new generation has a similar type of belief identity that this uniformity in identity has caused the loss of diversity and sometimes boring parental coverage was almost

the same and even the type of gender was complete, so no one was looking for diversity coverage but now they are familiar with the methods and the patterns of coverage and their availability have led to the choice and use of a new generation of coverage that is different from the parents.

But in the field of language it should be said that the speech of parents is in the Laki and local language so they have understood strong concepts and values but now with the development of all means of mass communication the speech of the new generation in Persian and the outdated concepts and proverbs of the Laki and old customs and things like the shawshahi and the cholha and the forty servos has been ignored so the local and maternal values have consequently fallen from the degree of credibility in the field of welfare facilities and accessibility parents they needed families and adults and they had a material attachment but the new generation with a lot of facilities easily traveled to their other cities economically and materially from Parents who are not dependent know and become familiar with different cultures. In the field of sports and physical activities, the generation of parents is always ready to work because of their participation in agricultural and livestock work, so they have less leisure time, but the new generation has more leisure time due to the change in jobs from agriculture and livestock to commercial and service, and they do not have much participation in their jobs and work.this has caused a generation gap and misunderstanding between the parents of the new generation in delfan.

Another factor in suicide at the delfan community level is the conflict between personal beliefs and reality at the community level this causes more suicide attempts in the middle of the year the midlife crisis that naturally affects a person is manifested and manifested for all in the current situation where there is a great difference between theories and practice that is the theories prevalent in society and values with everyday social ethics for various reasons including the effects of cyberspace and modernity cause a gap between the theoretical possessions of a person with everyday life and behavior in the context of betrayal and emotional failure the reason for the dominance of ethnic and tribal culture and family dignity see a psychologist or a person Trust for problems at the county level is rarely done because a person cannot express and express their emotional problems to a familiar person in the end, as stated, attempted suicide is a revenge against others, they know that they do not consider the result of suicide to be their own elimination, they think that after this action they will retaliate their heart, but they are not justified that after attempting suicide, they do not exist to see the result of their action.

Other factors that exist at the county level, perhaps the most common of which are suicide, which is caused by poverty and poverty, which is more common among young men and heads of families.poverty causes unequal feelings, humiliation, and ultimately leads to suicide. Delfan is a very deprived and poor city with welfare and employment facilities for young people because when a young person who is in the middle of puberty has intellectual and physical activity, the mind is overwhelmed by everyday activities and less when it is in vain and self-contradictory activities, unemployment and despair of the future, followed by depression and being drawn to drugs and addiction, and the so-called cutting-off person commits suicide from everywhere, which is rooted in poverty.

In the city of delfan there is a strong socialism in the lives of people especially in the villages and peripheral neighborhoods of the city which few can break the norm and act on the cultural and social structure in the city is drawn with the coordinates of sectarianism ethnicity and familialism this structure indicates the existence of blood kinship ethnic ties and the entanglement of social relations and social cohesion this cultural structure and identity among young people and today's generation is not defined in the individual this fact causes the inability of the individual to change the situation and failure and failure, depression and deprivation and humiliation that ultimately lead to suicide.

But other causes due to the unorganized use of cyberspace have reduced the age of suicide, which is one of the main factors of suicide in adolescence and adolescence, which is the predisposition of depression in these two groups, and when in families who spend less time arguing with their children, the tendency of the twins is more towards cyberspace and the uncontrolled use to fill their time and avoid problems.

Most of these twins experience mild levels of depression at this age, which is why spending too much time online exacerbates the rate of depression, and since the parents of delfan are illiterate or illiterate and less familiar with the facilities of the day and live in livestock and agriculture and at the village and tribal level, they cannot teach their children without education and proper solutions and the use of friends of cyberspace. Since cyberspace and social media only showcase successes and their luxurious lives and failures are less common, teenagers and middle-aged people may feel frustrated and humiliated and depressed by comparing their lives to the lives and levels of prosperity and well-being of others, and eventually turn to the last step to get rid of themselves to a creature called suicide.

The physical and mental abuse of women and the lack of attention of men to the emotional needs of women and the false culture of masculinity and authoritarianism and domestic violence of men against women in the traditional delfan society and the discussion of marriage and the choice of spouses, young people choose their spouse by their criteria and tastes, but parents oppose their choice. Also, the imposed marriages of girls of young age, which occur in the city and especially at the level of rural communities where the misconceptions of

early marriage are prevalent, which in the later stages of life are the basis for mental problems and depression, followed by suicide. Other factors of suicide at the delfan county level include lack of experience and lack of familiarity of parents in dealing with problems and lack of tolerance for existing conditions that occur more often in adolescence and adolescence, which is preferable to suicide and self-destruction instead of rational dealing with issues.

The addiction factor that is now the most common among adolescents and young people who are inclined to industrial and psychoactive drugs, whether to cover up problems or to have artificial entertainment, to resign from parental deprivation and to be away from society and to be isolated, causes depression. addiction is the preparedness of a person to commit suicide, which disrupts personal life and sometimes the breakdown of relationships and family status and occupation and the economy of a person, which, over time, leads them to the last way to get rid of suicide.

Method

The research method in this article is to examine the documents related to the suicides committed in delfan, as well as the use of Statistics and information obtained from the relevant authorities of the city.

Research Findings

Suicide stages

1-suicidal thinking: includes mindsets and thoughts that exist and do not even speak about killing oneself in the mind of a person.

2-suicide threat: to achieve their goals, a person threatens to commit suicide in order to fulfill his desire.

3-suicide show: the behavior that a person performs to convince others that he or she intends to commit suicide.

4-suicide attempt: at this point, a person commits suicide using deadly tools such as ropes, pills, and guns, but does not succeed. As in cases where the person is rushed to the hospital and the impact of the fatal factor is prevented .

5-successful suicide: at this stage, suicide is committed and the person loses his life.

In delfan, due to the ethnic – tribal fabric that is ruled in the city, all the interactions between the family are influenced by this type of culture. However, the traditional way of thinking has moved the ideals of human life among families, especially young people, with the widespread entry of cyberspace and its related needs, and has led to different levels of expectations and expectations from the past and even from the lives of their parents. But with the help of the horrific growth in the number of suicides and suspicious deaths, especially among the young population of delfan, it has raised the alarm that all the causes and causes of this increase in statistics will be seriously examined.
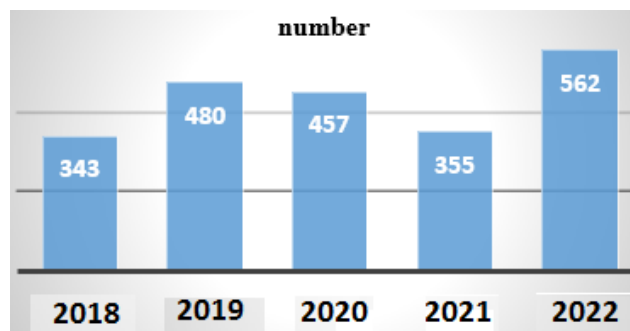
Statistics of successful suicides in nurabad based on forensic sources in delfan

Year	number of people	row
2019	10	1
2020	8	2
2021	12	3
2022	15	4
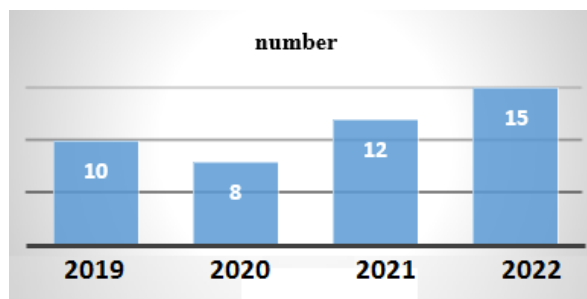
The number of failed suicides in nurabad is based on the statistics of the Health Network and the delfan City Hospital.

Year	leading to death	number of people	row
2018	8	343	1
2019	10	480	2
2020	8	457	3
2021	12	355	4
2022	15	562	5

Discussion and Conclusion

By looking at the statistics we find that in recent years the suicide problem in delfan has been growing so much that these statistics have increased in a horrible and shocking way and with more detailed and specialized studies we also come to the point that in addition to the phenomenon of social facilitation which plays a fundamental role in social developments and is more affected by tribal areas including delfan with the increase in economic problems and high inflation rate since 1997 the increase in high suicide rates is a serious alarm for families and society especially the population young. Weakening religious beliefs and forgetting Islamic parenting styles. The sudden entry of cyberspace, which spread widely and unprecedented among people, especially young people, and became a lifestyle for young people and adolescents and its age ranges. The perception of different lifestyles from this diverse and turbulent atmosphere damages including the observation of the lifestyles of artistic figures and celebrities, the use of drugs and psychotropic pills to understand the pleasures caused by the use of these substances, personality breakdown and the presence of unresolved conflicts due to exposure to different lifestyles and non-compliance with the current standard of living of the person, the authoritarian parenting styles of traditional parents and the lack of understanding of parental relationships-Child, mass media propaganda styles and propaganda of modern and prosperous lives in films, series and commercial advertising, lack of mutual understanding in marital relations, class gap of various socio-cultural economic situations, social discrimination and relationship governance on the rules in the city, inclusive and metallic unemployment and the presence of drop and dueling recruitment tests for the ordinary mass of people, the lack of a culture of consulting and psychologist in the city or the inability to pay for counseling can be considered among the most important problems that the people of the city of delfan it especially puts the younger generation at risk of problems like suicide. The alienation of industry from the city economy and political actions and political handicaps have also eliminated the opportunity for any better future for collective movement to solve the above problems.

How to prevent suicide

A teenager who involves a critical stage of crisis in life needs special emotional care and support from parents of educators and peers, a series of appropriate prevention training programs and approaches are provided to prevent suicide, as follows.

There are three types of prevention levels

1.Primary prevention: this type of prevention is the cheapest and best solution at this stage, something should be done that comes from the mind of the person, the necessary training should be given in the form of brochures, workshop training, Family Education and coping skills and training in the form of neighborhood-oriented, school groups, pioneer groups in the form of city-level information, preparation and promotion of billboards in specific places for general information, cooperation of experts of the health and wellness center and educational educators in schools.

School work training: this training program is designed to help school staff)teachers, counselors, educators(so that they can identify students at risk of suicide, and refer them to a doctor working in schools to teach how to respond to other mental and emotional crises as well.

2.Secondary prevention: this type of procedure has occurred and the person has undergone the procedure and is the basic basis of the treatment. a person who has attempted suicide and fortunately has not died has the possibility of reopening the procedure and there is a return to action. a screening program is recommended to use a questionnaire or screening tool to identify these people at risk of starting evaluation and treatment.frequent evaluation can be used to measure changes in attitude or behavior over time to test the effects of prevention and detect potential suicidal behavior.

General suicide education: students learn about suicide and its warning signs and how to help themselves or get help from others. This training program often includes a variety of activities that promote self-confidence and social competence in adolescents.

3-level three Prevention: the discussion of rehabilitation and giving confidence to the person taking action, for example, a person who includes Love Failure, betrayal,depression and certain problems that caused the operation should be rehabilitated, must retrain skills, provide solutions to the problem and the problem, and take action to solve the initial problem. at this stage, schools or outside of it can be done in neighborhoods or mosques.

First of all, the people around you, especially the family, should be listened to and without judgment and advice, and at the stage of creating this model and teachings that mental problems are treatable, like mental illness, if a person, especially at the age of 24, is less likely to commit suicide and replace other solutions by counseling and learning to trust to express problems, so it is worthwhile to help more with warnings and training in all possible spaces and all those, including psychologists and social pathologists who specialize, and to be active in the field of psychiatry and social pathologists who specialize in the field of psychiatry and social pathologists who specialize in the field of psychiatry and social pathologists who specialize in the field of psychiatry and social pathologists who specialize in the field of psychiatry and social pathologists who specialize in the field of psychiatry and social pathologists who specialize in the field of psychiatry and social pathologists who specialize in the field of psychiatry and social pathologists who specialize in the field they are.

Since one of the factors of suicide at the delfan county level is addiction, identifying and helping to treat addiction in people in any way plays an important role in preventing suicide. Quitting addiction helps treat depression and relieve mental symptoms. the authorities of this in all organs and institutions should establish honest and explicit communication with a person who has suicidal thoughts by preparing brochures and wall paintings and teaching friends, neighbors and family members, and if possible dangerous items such as weapons and chemicals and so on... Keep out of his reach.

The most common condition that depends on suicide is depression, which is mostly untreated or undiagnosed, and things like anxiety, depression, and drug problems increase the likelihood of suicide.treating depression as the source of suicide through the necessary training and availability of psychologists and psychiatrists and visiting them is an effective way to reduce suicide rates.

In addition to the above the following are also recommended as ways to prevent suicide:

1-disseminate the culture of people in the community visiting psychiatric counseling on a targeted basis at the municipal level through specialists.

2-Islamic propaganda organization, Faraja social assistance, education and other relevant devices through mass media and providing training classes in order to deal with cultural and social anomalies in society and negative propaganda in cyberspace)absurdism and violence, suicide(act).

3-strengthening family supervision of children's mental and emotional state by increasing intimate, friendly communication and creating a suitable platform for raising problems and not fearing children's pain with parents.

4 - create a space tailored to the needs and technologies of the day in the family environment in order not to connect children with abnormal people and dangerous environments.

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