

# Representation of the Pride Treatment Methods by Traditions Perspective

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**Abstract:** The main purpose of the present study was to represent the arrogance treatment methods through the verses and traditions perspective. It states that the omnipotence and the greatness are only subjected to the essence of the Holy God. The types and its consequence also represent the same pride. The arrogance or pride has some reasons and instruments that has been applied to eliminate the pride; for the reason, there should be established a recognition for overcoming the pride in all people's lifetime. Then, it should be investigated the effects of the arrogance and arrogant individuals' traits representing the psychological features of the arrogance. The treatment methods of the arrogance and scientific approaches will be shown in this paper. There have been of course established some treatment approaches for the arrogance by the Holy Quran and morality scholars' viewpoints.

**Key words:** Pride, Arrogant Traits, Treatment.

## Introduction

The issue of the pride is one of the greatest sins having more destructive worldly and resurrection consequences. The arrogance has more destroying consequences for the spirit, body, beliefs and individuals' thoughts in the humanistic community. The pride makes ego and fake self- confidence causing people to restrict his or her knowledge and preventing to reach to the truths and religious lessons. The pride deviates the man from the justice path conducting him towards sin and rebellion and destroying his lifetime. The pride is one of the most important moral and educational damages preventing the man to reach to the happiness. The roots and origins of these mentioned rascality issues are subjected to the arrogance and pride. The first achieved sin is done by the Satan that it did not pray the man. The root of these self- arrogant and egos are subjected to the self-coordination and wars making a government to be destroyed in this case (Dastgheib, 2003). The pride makes people to get deviated from their own recognitions and beliefs believing other beliefs and this make them to enter into another thinking path. This also makes them to get deviated from the truth path away. The pride has got some moral and educational important consequences destroying the man terribly. The root of the pride is subjected to feel humiliation and self- ego (Motahari, 2008).

### *Relationship of the pride with other moral traits*

Here, there have been represented some concepts that they may seem to be synonym together while there are some sophisticated differences although all of these again return to the root of the arrogance but a different angle of viewpoint is given here. The self-ego, pride, arrogance, superiority-seeking and self- pose is all the related concepts coming and originating from the arrogance. The person who sees himself superior to others is

called self-ego. And the one who tries to allocate everything in a society his or her affairs due to this related self-ego is called self-coordinated person. The person who trying to think of about social issues when the appearance of the events only for his benefit is called self-pride person; the person who tries to give his own fluency over others is called the superior-seeking one. Finally, someone trying to pose his or her own properties and possessions for others is called honorable person. Hence all of these traits are subjected to the common roots of the arrogance.

### ***Difference of pride and arrogance***

The pride is subjected to the mood that a person sees himself superior to others while the arrogance is subjected to the person who only makes himself self-ego than others but the pride is coming along with others footprints (Naraghi, 2012).

### ***Pride and self-ego***

There is established a difference between the arrogance and self-ego. The arrogance and self-ego are subjected to the fact that people behave in a superior mood through the behavior showing themselves as superior to others and when they compare themselves with others, they will give their own status superior to other people's behaviors and actions. However, there is no seen any comparison in the self- ego issues and these kinds of people only prefer their own achievements than others (Rashidpour, 1995).

### ***Arrogance and self- confidence and self- esteem***

The arrogance is subjected to man's superior feeling to others in order to reach to perfectionism and he will consider many of his traits like the Satan towards the God considering itself superior to the Holy God. As the Holy God says:

Why did not you pray and worship the man? It replied: I am created of the fire and the man is created of the soil (Holy Qoran). But the self confidence is subjected to the fact that the man is going to proof his own positive self- reaching to the belief that he has got enough ability and power to achieve his own tasks potentially and efficiently. In the arrogance, the self-superiority and humiliation of others could be seen having full of negative thoughts but the self-esteem is subjected to the humiliation of the humanistic glorification and majesty. The divinity prophets were very honest and dear without having any arrogance (Falsaphi, 2008).

### ***The arrogance and pride***

Some consider the pride as a congenital and hidden affair regarding to the spiritual moods and the arrogance is the result and consequence of the pride being appeared actively (Ragheb Esfahani, 1994). But the word ego is subjected to cheat or mislead something (Dehkhoda, 1994). It also is subjected to trust and rely on the essence according to the man's wishes and desires having the satanic beliefs and tendencies into it terminologically. Hence, everyone believing based on pseudo-corruption issues is called arrogant in the worldly and resurrection (Kashani, 2000). Imam Ali says in this case:

The arrogance and self-pride are the main establishment of the Satan (Nouri Tabarsi, 1989). According to Hakimi: I asked about the origin of the criminals and he replied: as the self-arrogance are the greatest sins (Koleini, 1983). Imam Bagher says: the holy prophet says: the holy God never talks to three people in the resurrection day: old adultery, cruel king and arrogant poor fellow (Kamarehiee, 2002).

### ***Representation of the arrogance psychology***

The human's behaviors and his own reactions have some suitable reactions with his behaviors. But all pious and believers are trying to seek the fact that all tasks and behaviors should be achieved only by the sake of the God particularly in the world and the resurrection day. The representation of the arrogance psychology can conduct us to the truth that the main root and origin of the arrogance is subjected to the personal deficiencies and shortages getting grown unconsciously in the same person trying to compensate these actions by the arrogance cases (Rashidpour, 1995). Imam Ali says in this case:

Prevent any arrogance because it is one of the greatest sins. Basically, the arrogance is subjected to one of the most important spiritual and mental and physical diseases making the man ill; it is naturally to recognize the man's traits in order to treat and cure this dangerous disease. One of the most important recognition ways of the man is subjected to the self-recognition. When someone's value is completed, he or she will feel smallness and humiliation for reaching to his own temperament making himself smaller than others. On the other hand, when the social problems and personal behaviors challenges or concerns are accurately investigated, it will be turned out that the main fundamental roots of these events are subjected to the arrogance and pride. Any deficiency making someone to get arrogant should be recognized according to the verses stated in this case. People getting with this disease see only their own virtues and never pay attention to others. In Islamic texts, there have been

established many punishments against the arrogance and self-pride. When the arrogance is entered into someone, it will destroy the same one's beliefs and thoughts terribly (Tabari, 1977).

### ***Scientific treatment of the arrogance***

The scientific approach is that these arrogant people have to think of themselves who they are and what they are and where there are before and where to go finally? And what will do they and what will be their own destiny? They have to think of the greatness of the Holy God. They have to follow and obey the lessons of the history; they have to recall the fate and destiny of the Pharaoh, Noah, Nimrod, terraces, palaces, Cesar and they have to know the world is a transient place and they cannot rely on it eternally. They have to know that they were as a fetus in the beginning and they will turn into a dead corpus finally; they have to know they will live on the earth only for some days and it is not necessary to get honor or arrogant for their positions (Koleini, 1983).

### ***Practical treatment of the arrogance***

The practical treatment of the arrogance is that these people have to follow and obey their God in relation to the behaviors and actions. They have to try to achieve the tasks with too much humiliation making the God's satisfaction. This makes them to deepen their own relationship with the Holy God. When these people wear simple cloths, eat simple lunches and dinners, sit with their slaves in the table, greeting others, making warm relations with small and big ones, preventing the arrogant people, they will have special establishment by the Holy God. Finally, they have to show their own ultimate polite and respect to others particularly in their treatments and behaviors. Of course, the social personality, time and space should be provided in this pavement. But the main purpose is that the man has to reach to his own majestically position having very humiliated lifetime on the land preventing any arrogant tasks and affairs. One important approach for treating the arrogance is subjected to the fact that the people have to obey and follow their God's orders trying to worship and pray their God saying: I am the man that has been created by the Holy God and I have to drink and eat like other usual people on the land (Mohammad Reishahri, 2002).

Spiritual paths or approaches for treating the arrogance:

- 1- Humiliation
- 2- Self- recognition
- 3- Carrying out the daily affairs being able to afford himself
- 4- Remember of death
- 5- Carrying out the praying and worshiping affairs
- 6- Looking at the Holy God's possessions and properties and power of God
- 7- Attention to the Holy God potentially
- 8- Attention to the destiny of the arrogant people
- 9- Preventing all arrogant people affairs
- 10- Attention to the grave and resurrection
- 11- Looking at the beginning and final destination of the life
- 12- Praying

And the best affairs and approaches for preventing the arrogance are as following:

- 1- Attention to the self- pros and cons or weaknesses
- 2- Attention to the worse consequences of the criminal actions (Rasouli Mahallati, 1999)

### **Conclusion**

According to the stated verses of the Holy Quran and the prophets' statement, it can be concluded that the arrogance is subjected to someone's feeling superiority to others. In all religious narrations, the arrogance is considered as the main origin of all other sins preventing the man's happiness. These narrations show that this punished trait of the arrogance is very effective in the destiny of all pious people and believers. This trait is the first punished trait that can cause to commit crime on the earth; according to some scholars, the arrogance is the main mother of all sins making people to go towards the miserable affairs at lifetime. The arrogance and polytheism are the main roots of moral disasters. For the reason, many verses and religious narrations have carried out the related punished trait regarding to the man's behaviors. The related trait prevents the man going to worship and pray the Holy God. Self-greatness and self- obstinate are related to those concepts that come from the arrogance. The arrogance is a social norm being affected by many various internal factors such as the self-obstinate and self-arrogance influencing on the social interaction and behavior of people. If the self-obstinate and self-arrogance are the main internal factors in the appearance of the arrogance temperament of

people, the exterior factors particularly the social factors are considered as the main important factors for surviving the same norm into a community sustainably. A person showing his or her mental and spiritual arrogance in relation to the personal morality filed to others, this will be appeared socially in a community because the community can also assist on the appearance of the arrogance. In order to treat and cure the arrogance, there have been established two types of scientific and practical approaches in these cases. The main aim of the scientific treatment is to eliminate the related trait through thinking and the practical treatment is subjected to act humbly with others. This has been also regarded to someone's actions and behaviors personally. The enrichment of the spirit and personal affairs should be roughly aid attention in order to treat or cure the arrogance; this could be also obtained by the belief and recognition; for the reason, the self- consciousness and self- recognition should be also awaken personally among people in order to prevent the arrogance. Praying is the best medication for preventing and curing the arrogance among people.

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